



Product Care Instructions

SLEEPING BAGS



Take regular care of your sleeping bag and it will take care of you on a cold night in the outdoors. Mountain Designs recommends the following care instructions:

CLEANING YOUR SLEEPING BAG

- Machine wash your sleeping bag with warm water up to 40°C on gentle cycle, using pure soap only. Do not use bleach, fabric softener, conditioners or stain removers as they can affect the sleeping bag's performance. Avoid a top loading machine with agitator as its washing process is too rough on the sleeping bag.
- Rinse very thoroughly.
- The sleeping bag will be heavy when wet so take care handling it. Tumble dry the sleeping bag on low heat. Alternatively, dry it flat, inside out and in the shade. Avoid wringing the sleeping bag to remove excess water but if you need to, lightly squeeze it out.
- Do not dry clean or iron your sleeping bag.

RESTORING LOFT IN YOUR SLEEPING BAG (FOR DOWN SLEEPING BAGS)

- For down sleeping bags, loft can be restored by tumble drying the sleeping bag on low or no heat with three tennis balls. The tennis balls will help to break up the down clumps and fluff up the down clusters. Shaking the bag will also help to restore the loft.

RESTORING DWR ON YOUR SLEEPING BAG

- Restoring the DWR finish on the outer fabric is necessary to help protect the down from moisture. The best way to tell if it needs re-proofing is to spray some water on the sleeping

bag - if it beads up and rolls away it is ok, if it appears to soak into the fabric then it is not ok.

- Apply a DWR treatment as per the instructions of the care product supplier.

STORING YOUR SLEEPING BAG

- Store your sleeping bag in a cool, dry place, uncompressed in its storage sack or by hanging it up. This helps to keep the insulation spread evenly, and maintain its loft. Ensure it is completely dry before you store it.

GENERAL TIPS & NOTES

- Clear away sharp or protruding objects that may damage the sleeping bag.
- Avoid placing hot objects on the sleeping bag, such as cooking pots and pans, as they can damage the surface fabric.
- Insect repellents containing DEET can damage the materials used in the production of the sleeping bag.
- Keep the sleeping bag away from open flames as it uses non-flame retardant materials.
- You can reduce the need to wash your sleeping bag by using a sleeping bag liner and/or sleeping mat, and by spot cleaning any marks or stains on the outer shell with a damp cloth.