



CLIMBING

Gear List

So you'd rather go over it than around it? We think it's more fun that way too. This gear list will help you get going onwards and upwards!

CLOTHING & FOOTWEAR

- T-Shirt
- Shorts
- Neck gaiter
- Climbing shoes
- Sandals

If it's cold, add in...

- Rain jacket
- Rain pants
- Softshell jacket
- Windproof fleece jacket
- Thermals

PERSONAL ITEMS

- Biodegradable soap
- Hand sanitiser
- Lip balm with SPF
- Sunscreen
- Insect repellent
- Basic first-aid kit
- Travel towel
- Sunglasses

CLIMBING ESSENTIALS

- Helmet
- Harness
- Chalk & bag
- Rope bag & tarp
- Protection gear
- Quick draws
- ATC device for belay & rappel
- Belay gloves
- Personal anchor system
- Slings
- Locking carabiners

OTHER GEAR

- Map & compass
- Headlamp with spare batteries
- Waterproof matches or lighter
- Multi-tool or pocket knife
- Food plus an extra day's supply
- Whistle & signalling mirror
- Water bottles
- Water purification tablets
- Mobile phone
- Camera, case & charger

PACKS & BAGS

- Day pack
- Climbing pack
- Pack rain cover