



# DISCOVERING LORD HOWE ISLAND

## Gear List

Lord Howe Island is a hidden jewel in the Tasman Sea, some two hours off the east coast of Australia. World Heritage listed for its ecological significance, it is a remote paradise with sparkling clear waters, white sandy beaches, lush green rainforests, and an abundance of tropical marine life and bird life. To help you make the most of your trip, use our gear list to ensure you are well equipped for this amazing holiday adventure.

### TECHNICAL CLOTHING

- Long sleeve hiking shirt (ideally quick dry)
- T-Shirt
- Hiking shorts/pants (ideally quick dry)
- Wicking underwear
- Rain jacket
- Socks
- Neck gaiter
- Hiking boots/shoes
- Walking shoes
- Sandals
- Swimwear
- Evening clothes
- Sleepwear
- Gaiters
- Sun hat

#### If it's cold, add in...

- Fleece jacket or down jacket
- Fleece pants

### PACKS & BAGS

- Roller bag or travel pack
- Day pack
- Dry bag (for wet/soiled clothes)
- Luggage locks
- Luggage tags
- Pack rain cover

### PERSONAL ITEMS

- Toiletry bag
- Toothbrush & toothpaste
- Cosmetics
- Brush or comb
- Lip balm with SPF
- Sunscreen
- Insect repellent
- Hand sanitiser
- Basic first-aid kit
- Travel towel
- Sunglasses

### HIKING ESSENTIALS

- Map & compass
- Headlamp with spare batteries
- Waterproof matches or lighter
- Waterproof container
- Multi-tool or pocket knife
- Snacks
- Whistle & signalling mirror
- Water bottles

### OTHER GEAR

- Binoculars
- Camera, case & charger
- Trekking poles
- Mobile phone or PLB
- Watch with altimeter
- Route description or guide book

### DOCUMENTS

- Trip itinerary